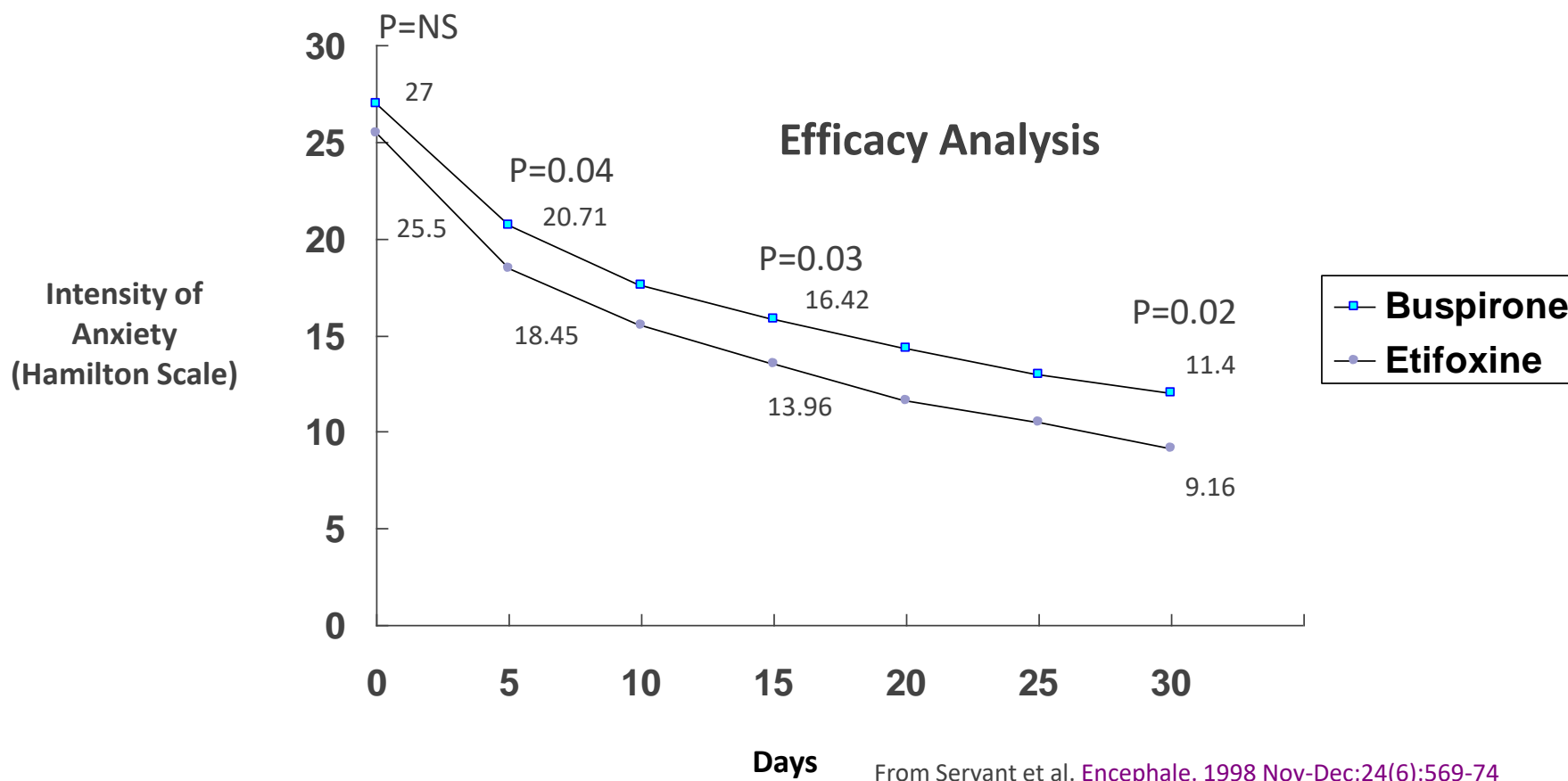


“Adjustment disorder with anxiety...is not uncommon and must be quickly identified and treated. According to the criteria set by DSM IV, 170 patients with a primary diagnosis of adjustment disorder with anxiety have been enrolled in a double blind multicenter controlled trial. Patients were treated for 4 weeks with etifoxine (150-200 mg/d), or buspirone (15-20 mg/d). Although both etifoxine and buspirone show clinical efficacy and safety, the two treatments are not equivalent. The global improvement score and the efficacy index are significantly improved in the etifoxine group.”



From Servant et al. [Encephale. 1998 Nov-Dec;24\(6\):569-74](#)